

Public Library

FOR IMMEDIATE RELEASE

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San Diego Public Library Hosts Discussion and Book Signing with Local Author Chet Cunningham

SAN DIEGO – The City of San Diego Public Library will host a discussion and book signing by well-known local author Chet Cunningham on Saturday, Nov. 5 at 2 p.m. The event will take place in the third floor auditorium of the Central Library, located at 820 E St. in downtown San Diego. The program is free to the public.

Cunningham will discuss and sign copies of his latest book "Caring for Your Aging Parents: The Caregiver's Handbook." Based on the author's own life experiences, the book is an essential manual and primer for anyone, a family member or care giving professional, who is responsible for caring for an aged individual.

Cunningham has published more than 300 works of fiction and nonfiction since 1968 and has an MS degree from the Columbia University Graduate School of Journalism. He draws on his background as a journalist for his prodigious literary output and his service in the Korean War for the realism of his military histories and techno-thriller novels. In 1994 he was instrumental in the founding of the San Diego Book Awards Association, which provides incentives and recognition to local authors by honoring and acknowledging excellence in the San Diego writing community. He received the Library's Local Authors Lifetime Achievement (LOLA) Award in 2003.

Copies of "Caring for Your Aging Parents: The Caregiver's Handbook" will be available for sale at the event.

For more information, call the Central Library at 619-236-5800 or visit the San Diego Public Library on the City's Web site at http://www.sandiego.gov/public-library/.

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